

# How is the Fitwel Wellness Certification Scored?

There are specific scorecards depending on the type of project being certified and each scorecard has in-depth project-type requirements.

Fitwel uses a three-star rating system depending on where your project falls within the scorecard requirements.

There are seven main factors that go into the scorecards: surrounding community health impact, morbidity and absenteeism reduction, social equity for vulnerable populations support, sense of well-being, access to healthy foods enhancement, occupant safety promotion, and physical activity endorsement.



## Fitwel 3-Star Rating

125 - 144  
points

### THE HIGHEST LEVEL ACHIEVABLE.

Building incorporates an exemplary number of evidence-based design and policy strategies that support the physical, mental and social health of its occupants.



## Fitwel 2-Star Rating

105 - 124  
points

Building has achieved an intermediate level of health promotion by incorporating evidence-based design and policy strategies that support the physical, mental and social health of its occupants.



## Fitwel 1-Star Rating

90 - 104  
points

Building has achieved a basic level of health promotion by incorporating evidence-based design and policy strategies that support the physical, mental and social health of its occupants.



fitwel®



## Fitwel 2-Star Rating

11 & 12 Wellington Place  
Leeds



Mainer Associates